



RSHE at Beechwood Primary School

From EYFS, up to Year 6, our children are taught the essential knowledge and skills taken from the Early Years Framework 2021 and the National Curriculum 2014. Our well-planned journey through the RSHE curriculum helps our pupils to build upon their prior learning and apply past knowledge to new situations; we are passionate about ensuring that our children's learning transfers to their long-term memory. To ensure that this happens we constantly revisit concepts and themes both within year groups and subjects and across year groups and different subjects where applicable. RSHE is planned and delivered using the Kapow scheme of work. We have carefully selected Kapow as the foundation of our curriculum, teachers ensure that the plans are adapted to meet the needs of our children.

As soon as children come to our school, they are encouraged to become a responsible citizen. Lessons are taught to encourage the children to stay healthy, safe and prepared for life and work in modern Britain. RSHE helps children and young people to be safe, healthy and prepared for life's opportunities and is a vital part of our curriculum. It is designed to give our pupils the confidence, information and skills to make safer choices and wiser decisions in order to live a full and happy life. It is an entitlement for all children because children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way. We aim to ensure that children learn the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

Through RSHE we enable our children to become healthy, independent and responsible members of society, providing them with the skills and values needed to contribute positively at school and in the wider community. It helps to build character, emotional character, emotional health and resilience in children. It equips them with the foundational principles and skills that will improve their mental health, relationships and academic achievement.

We work in partnership with Halton Healthy Schools, enabling our children to access workshops on a range of different topics including, tobacco, healthy eating, first aid and alcohol.

Our Junior Leadership Team are our 5 Ways to Wellbeing Champions, promoting positive mental health for all children.

We aim to ensure that we prepare our children for the next phase of their education, we know that this is successful due to the number of our children receiving awards at The Heath Awards Evening, which is the secondary school that the majority of our students move onto.