



Physical Education at Beechwood Primary School

From EYFS, up to Year 6, our children are taught the essential knowledge and skills taken from the Early Years Framework 2021 and the National Curriculum 2014. Our well-planned journey through the PE curriculum helps our pupils to build upon their prior learning and apply past knowledge to new sports and activities; we are passionate about ensuring that our children's learning transfers to their long-term memory. To ensure that this happens we constantly revisit skills and knowledge both within year groups and subjects and across year groups and different subjects where applicable.

As soon as children come to our school, they are encouraged to be active and take part in sporting activities. All children in the school will represent Beechwood in several sporting events throughout their time in school. As a school, we try where possible to take two teams so that those who are competitive and have talent can further develop and progress through to county finals and those who try their hardest and show a love of the sport also get the opportunity to shine in sporting events. We are extremely proud of our PE provision, we have been awarded School Games Platinum two consecutive times, demonstrating our commitment to the School Games programme. The School Games is a programme which puts physical activity and school sport at the heart of schools, providing young people with the opportunity to learn through competition to achieve their personal best.

At Beechwood, we aim to create a culture which strives to inspire an active generation to engage and embrace a wide range of physical activities which will be essential in supporting their long-term physical, emotional, spiritual, social and moral development. We want all children to experience a wide variety of sports and physical skills which will enhance lifelong fitness and life choices. P.E. can challenge and promote self-esteem through the development of physical confidence, problem solving and team work. It can teach children to cope with both success and failure in competitive, individual and team based physical activities. The ability to take the initiative to become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve in their own sporting ability whilst motivating and instilling excellent sporting attitudes in others.

For our whole school PE curriculum, we have carefully selected PE passport as our chosen scheme of work. The PE Passport is child centred and allows pupils' achievements in and out of school to be recorded and tracked from Reception right through to Year 6. In order to show progression from EYFS to year 6, each year group completes the same unit of work from PE passport, working towards the appropriate end points. For example, all year groups will complete their dance topic with cross-curricular links during the Autumn term. However, to further extend our broad and balanced and match the needs of the pupils in our school, we embrace bespoke units of work such as major league baseball.

On top of our carefully selected curriculum, we also offer additional sporting opportunities within school. We offer multiple, high-quality afterschool, morning and lunchtime clubs to further engage children in physical activities whilst also further challenging more able pupils. We use questionnaires to identify the wants and needs of our children, this informs our whole school planning for extra-curricular activities. Each year we have a health and fitness excellence week, which includes challenges and opportunities for children to beat their personal best across different sporting events. We also embrace extra whole school opportunities throughout the year such as workshops from external providers including Beth Tweddle gymnastics and martial arts.